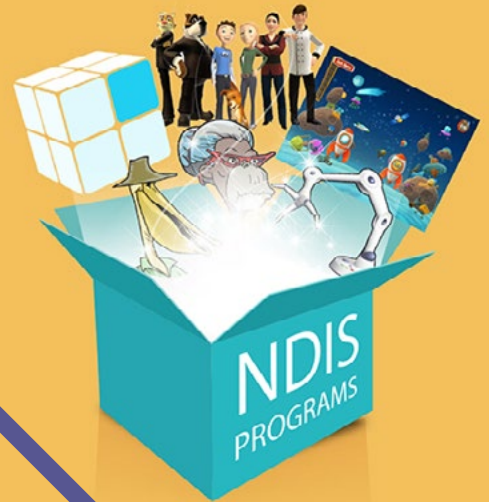


NDIS PROGRAMS

INFO PACK



Dear NDIS Participant,
Thank you for your interest in Sonic Learning's programs. Our programs are different from others. How so?

Mixed approach These are cognitive and social-emotional skills programs run by professionals. You'll do exercises on your computer or iPad at home and will also have a regular video chat (or telephone call if you prefer) with a Sonic Learning professional.

Designed by neuroscientists The cognitive exercises we use simultaneously increase listening skills, processing skills, memory, attention and critical foundational skills. It is a scientifically proven approach to helping improve these skills.

Exceptional research More than 250 research studies have been conducted on this approach. Studies show that the changes last, and students continue to improve even after completing the program. Visit www.soniclearning.com.au/ndis to see the research.

No need to travel Everything is completed online, and we'll support you using video conference/telephone, so you can focus more time on skill building.

To join, [book a free consult](#) or call us on 0485 883 049.

We look forward to working with you.

NDIS PROGRAMS

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Who are the Sonic Learning courses for?

Our **cognitive skills programs** target the following skills:

- Listening (auditory processing)
- Communication (receptive and expressive language)
- Attention (focus and concentration)
- Auditory memory and working memory
- Literacy (reading comprehension & skills needed for writing)

Our **social-emotional skills program** target the following skills:

- Recognising and coping with feelings such as anger, frustration and sadness
- Participating in groups and conversations
- Respecting personal space and interpreting non-verbal communication
- Building friendships and dealing with peer pressure and teasing
- Understanding figurative language

If your plan goals involve the above skills and you're committed to improving these skills fast and at your own level and pace, this individualised, targeted and intensive program may be for you.

I like being able to challenge myself and decide when I want to do my exercises.

- Ryan*, QLD

* to protect client privacy, name has been changed

NDIS PROGRAMS

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What's included

3 months' access to neuroscience-designed home practice computer exercises ✓

10 x weekly video conference/telephone consultations with a program specialist ✓

Personalised and responsive programs adapted to your learning needs ✓

Home practice exercises available on computer or iPad* ✓

Choose to do one or two programs simultaneously ✓

Choose from a range of training protocols from 20 to 50 minutes per day (depending on the chosen program) ✓

Email support ✓

24/7 access to resources on our website ✓

Discounted course extension (optional) ✓

* *Fast ForWord is available for computer or iPad running iOS 11.3 or later.
Cogmed is available for computer and most tablets.
Social Express is available for computer and iPad but works best on computer.
TALi can only be used on iPad running iOS 15.2 or higher.*

Sonic Learning
0485 883 049
info@soniclearning.com.au
www.soniclearning.com.au

NDIS PROGRAMS

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The exercises

At your intake meeting, before you begin your program, we'll discuss together which program is best for your needs.

To see demos, visit www.soniclearning.com.au/ndisvideos

Cognitive skills programs



TALi TRAIN - Created by Australian researchers, TALi TRAIN is a fun tablet-based training program clinically proven to improve attention skills in young children aged 3 – 7.



Fast ForWord Foundations I - Works on auditory processing accuracy & sound discrimination (for listening in noisy environments) & processing speed, auditory working memory, following instructions, grammar, listening for details, sequencing & attention.



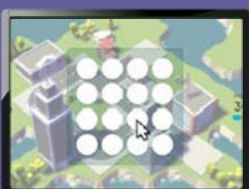
Fast ForWord Foundations II - Builds on Foundations I by adding visual elements to activate both visual and auditory areas of the brain. Processing speed & memory elements also become more challenging.



Fast ForWord Elements I - Works on auditory processing accuracy and sound discrimination (for listening in noisy environments) & processing speed, auditory working memory, grammar, listening for details, sequencing & attention.



Fast ForWord Elements II - Builds on Elements I by adding additional language elements (following instructions and story comprehension) and new sound discrimination activities.



Cogmed - Focuses on expanding working memory capacity with exercises that challenge the student to keep increasing amounts of spoken and visual information in mind.

NDIS PROGRAMS

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Social-emotional skills program



Skill Level 1 - LEARN

26 Interactive webisodes

- Remember basic social communication, self-regulation and conflict resolution rules
- Identify basic feelings
- Follow simple directions
- Pay attention
- Make requests



Skill Level 2 - CONNECT

26 Interactive webisodes

- Become more independent
- Initiate social interactions
- Generalise new skills



Skill Level 3 - ENGAGE

27 Interactive webisodes

- Express emotions
- Increase problem-solving skills
- Analyse communication breakdowns
- Make appropriate and effective judgements

NDIS PROGRAMS

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Enrolment checklist

Have I watched the relevant videos at www.soniclearning.com.au/ndisvideos?

Am I aware of the cost of this program?

- 1 program at a time (cognitive skills only) = \$1548 for 3 months
- 2 programs at once (cognitive skills and social skills) = \$1860 for 3 months
- Course extensions after the first 3 months are significantly discounted

Am I willing to commit the funds (as above) to this program?

Before enrolling please ensure you have enough funding available. We usually bill under CB Improved Daily Living (15_056_0128_1_3) however there may be other funding categories in your plan that are suitable, for example:

- Core - Assistance with Daily Life - Other therapy 01_741_0128_1_3 (if CB Daily living is exhausted, you can ask your NDIS planner to allow you to use this)
- Capacity Building Increased Social and Community Participation - Innovative Community Participation 09_008_0116_6_3
- Capacity Building Improved Relationships - Individual Social Skills Development 11_024_0117_7_3

Is my funding self-managed or plan-managed?

If your funding is agency managed, you may be able to request to switch to self- or plan-managed by asking NDIS for a "light touch review".

Am I willing to commit time each week for 3 months to a video conference/ telephone consultation?

Don't stress about this! We know you're busy and we'll do our best to fit in with your schedule and preferred method of communication.

For parents - am I willing to commit 30 minutes per day, 5 days per week, to sit with my child while they complete the online exercises?

For adults – am I willing to commit 30 minutes per day, 5 days per week, to complete online exercises?

**If you answered yes to all the questions, you are ready to start!
To get started, book your intake meeting.
Call 0485 883 049 or email info@soniclearning.com.au**

NDIS PROGRAMS

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Frequently Asked Questions

What age are these programs suitable for?

We have programs that are suitable for ages 3 and above. Suitability will depend on individual skill level, so before you enrol we'll chat together about your child's needs. Arrange a [free telephone consultation on our website](#) or call **0485 883 049**.

Will this program also improve reading skills?

We usually start by focusing on the cognitive skills that are essential for learning and reading development. Once the student has completed these initial cognitive programs, it is appropriate to move them up to reading exercises if it fits their plan goals.

When does the course begin and end?

Your course will begin on your first training day and end 3 months later. Your program specialist will consult with you weekly and adjust your program during this time as needed. You will have unlimited access during this time and do not need to worry about running out of exercises to do.

Can I extend the course beyond 3 months?

Yes, at the end of your initial 3-month course you may continue at a reduced fee (current fees when publishing this handout are \$387 per month for one program or \$477 per month for 2 programs, including fortnightly consultations). Extension is optional and completely up to you.

NDIS PROGRAMS

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Frequently Asked Questions, continued

How long does it take to complete a program?

As every individual is different, the time spent training on one program before moving to the next also varies from student to student. As a guide, completing one Fast ForWord program will take at least 6 weeks and may take up to 6 months.

What technology do I need?

The exercises can be used on most Windows and Mac computers through your internet browser (we recommend Google Chrome browser), as well as on iPad running iOS 11.3 or later (TALi is an exception and will only run on tablets). Headphones are recommended to help the student concentrate (we recommend stereo headphones that cover the whole ear). Parents monitoring their children should use a headphone double adaptor and a second set of headphones so they can also hear the sound.

How will I be billed?

We will send you or your plan manager an invoice to pay each fortnight until the total fee is reached. It is important that you set aside the required funds in your budget so you don't run out of funding.

We usually bill under Capacity Building - Improved Daily Living (line item 15_056_0128_1_3) however there may be other funding categories in your plan that are suitable (see page 6 above).